

From the Chair

Welcome

to the third newsletter for the CSANZ Cardiovascular Nurses Working group (CNWG). As you may or may not know, I have 2 roles within CSANZ; current chair of CNWG and nurse representative on CSANZ Council. In August it is time for me to step down as Chair of CNWG but I plan to renominate for another three year stint on Council. Jim McVeigh will take over as Chair of CNWG and I refer you to his introductory article in this edition. Half of the CNWG executive positions are also coming up for renewal in 2007 and I refer you to Stewart Eadie's article about the application process for these positions. The CNWG are planning another extensive program at this year's CSANZ Scientific conference in Canberra, please see later in this edition for program details of both the CNWG and Affiliates program.

We have introduced two new concepts to the Affiliates program this year. First is the Cardiovascular Nurses Lecture, to be delivered by Professor Simon Stewart in its inaugural year. Second is the introduction of 5 Affiliate Clinical Development Awards to be given out annually to Affiliate members to assist with funding their costs to the CSANZ meeting without the requirement of submitting an abstract. The Nursing recipients of the Affiliate Clinical Development Award for this year are:

Jan Cameron—Heart Failure clinician and PhD student, Box Hill Hospital and Deakin University

Anne Sullivan—Heart Failure clinician, Royal North Shore and North Shore Private Hospitals.

Congratulations! Jan and Anne. Look in the next newsletter for their articles.

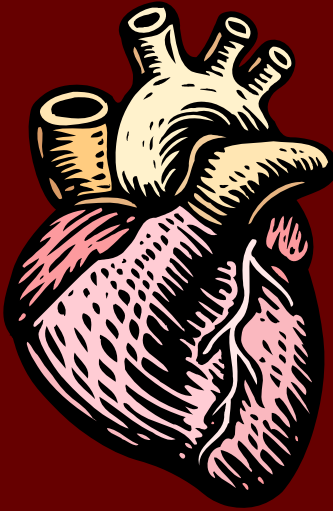
There was an opportunity at the first National Heart Foundation Conference in March for a satellite meeting of multiple cardiovascular nursing groups around Australia. The Australian Cardiac Rehab. Assoc. (ACRA), Cardiac Nurses Network of Australia and New Zealand (CNNANZ), Victorian Cardiac Nurses Assoc. (VCNA), Heart Failure Specialist nurses and CNWG all combined to present an educational evening on the obesity epidemic and its cardiovascular consequences. This was a very successful evening and highlighted the many cardiac nursing and allied health groups that exist in Australia, raising the issue of a potential need for a national cardiovascular nursing body.

I look forward to seeing as many of you as possible at this year's CSANZ. For those who would like to be on the CNWG email distribution list please send a Registration of Interest Form to Lynne Portelli at the CSANZ (details and form on website—see below for the address) or myself. Don't forget to update me if your email address changes: It has proven to be a great way to communicate!

Carolyn Astley

Chair CNWP, CSANZ Council Nursing Rep
carolyn.astley@fmc.sa.gov.au
Flinders Medical Centre, Cardiac Services,
Level 6, FPH, Bedford Park, SA 5042.
Ph. 08 8404 2116

CSANZ website: <http://www.csanz.edu.au/>



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The Cardiac Society of Australia and New Zealand

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Canberra is hosting the 2006 Cardiac Society's annual scientific meeting from August 4th-7th at the Canberra Convention Centre. The Affiliates once again have an amalgamated program with sessions on every day of the conference. We have been fortunate to secure **Barbara Riegel** as our international guest speaker. Barbara is A/Professor of Nursing at the University of Pennsylvania, USA. We are also pleased to announce the inaugural cardiovascular nurses lecture this year to be delivered by Professor Simon Stewart (details on page 5).

Friday 4th August.

Cardiovascular Nurses Working Group (CNWG) meeting

0930-1100: CNWG Executive Meeting

1130-1300: Keynote speaker: Barbara Riegel- "Developing Your Professional Voice"
Ventricular Assist Devices
Brugadas syndrome, James McVeigh, Prince of Wales Hospital

1300 - 1400: Lunch and CNWG AGM- sponsored by Alphapharm

Saturday 5th August:

0700-0830: Continuing Career Development for Affiliates

- ♥ Pathways for professional development in nursing. P. Davidson
- ♥ From technologist to teacher. B. Anderson
- ♥ Transition from clinician to scientist and post graduate training- the options. A. Kucia
- ♥ Career development- internships, practitioner roles in ultrasound. D. Jackson

1230-1330: Affiliates AGM

1330- 1500: Challenges of Conducting Clinical Research

- ♥ The Relevance of Trials to Every Day Care and Practical Trial Issues. C. Granger
- ♥ The Challenges of Conducting Clinical Research. B. Riegel
- ♥ Recruitment in Cardiology trials. C. Thomas
- ♥ Staff Retention. C. Hall
- ♥ Technological Requirements for Clinical Trials. L. Dewar

Sunday 6th August:

0900-1030: Allied Health Approached to Heart Failure and Coronary Disease-
Keynote speaker: Barbara Riegel- "Improving Outcomes in Heart Failure"
Free papers x 6 on this topic

1100-1230: *Cardiovascular Nurses Lecture- Professor Simon Stewart*
Talking to our Patients Again: Back to the Future for Cardiovascular Nurses
Affiliates prize session

Monday 7th August:

0900-1030: Measuring Cardiovascular Outcomes

- ♥ What is Outcomes Research? D Chew
- ♥ Nurse Sensitive Outcomes. B Riegel
- ♥ Epidemiology and Biostats and Outcomes research. E Bella
- ♥ Clinical Research Outcomes- The need for more efficient real world trials and registries to be integrated. C Granger

We look forward to another stimulating meeting of networking and education.

Hope you can come and look forward to seeing you there.

Carolyn Astley

From the Chair Elect: James McVeigh

Following the CSANZ conference this year in Canberra I will have the honour of taking on the role of chair of CSANZ Nurses Working Party and look forward to the challenges ahead. I would like to take the opportunity to acknowledge the tremendous work of our current chairperson Carolyn Astley, not only has she been our chair but also the nursing affiliate on Council and been behind many of the advancements and awards now available to nursing affiliates.

Who I am? I am originally from Belfast in Northern Ireland and immigrated to Australia in 1992. I settled in Sydney and specialized in the field of cardiac nursing and have been employed in a variety of positions in the clinical and academic arenas.

In March 2003, I was authorised as a Nurse Practitioner (NP)- High Dependency Nursing (Coronary Care/Cardiology). I am currently employed as an NP responsible for coordinating the HF service at the Prince of Wales Hospital, Randwick, Sydney.

By joining the CSANZ Nursing Working Party I have put on another cardiovascular nursing organisation hat. I asked myself whether this was sensible but I have strong reasons to be part of this body. I believe that it is important that cardiovascular nursing have a voice within the Cardiac Society, in particular a clinical representative voice. As nurses we need to recognise that by enhancing our links with our Cardiologist colleagues it can enable us to influence policy development and provide potentially greater access to research and educational opportunities in the future.

I have just been reading a discussion paper prepared by the National Nursing and Education taskforce on behalf of the Australian Health Minister Advisory Council. The paper is seeking to establish the nursing specialisation with Australia (NZ my thoughts include you as well). At present cardiovascular nursing is considered under the generic banner of critical care. Some of us certainly look after the critically ill cardiac patient but a large proportion work in the arena of cardiovascular health that is far removed from "critical care". Cardiovascular disease is the major killer in Australia and New Zealand and cardiovascular nurses plays a vital role in the holistic outcomes for our Society. We need to be recognised as an independent nursing specialty and to do that we need to collaborate. At present we have magnificent clinical, academic and research nursing clinicians working in our field and we need our amalgamated energies and visions to enhance our voice. I am committed to establishing very strong links with other cardiovascular nursing bodies or ultimately amalgamating cardiovascular nurses under the one banner.

The Working Party is committed to representing cardiac nurses and requires cardiac nurses to provide us with constructive comments on how this can be achieved. As Carolyn has suggested, I look forward to meeting as many of you as possible at this year's conference.



James P McVeigh
Nurse Practitioner- Heart Failure
Prince of Wales Hospital,
Randwick, Sydney.

CSANZ Cardiovascular Nurse Working Party (CNWP)



Stewart Eadie
Cardiac Care Manager
National Heart Foundation
New Zealand

Renewal process of the CNWG

The CNWG forms a vital link between the Council of the CSANZ and cardiac nurses. It is charged with a number of responsibilities that include providing expert knowledge, advice and information to the council, while at the same time using these attributes to benefit cardiac nurses as a whole. Examples of this has been, supporting cardiac nursing education, research, and providing forums for discussion on issues relevant for to them.

Presently the committee is made up 16 members that represent each of the Australian States and two from New Zealand. Also careful consideration was given to selecting a committee with expertise from a wide range of cardiac nursing disciplines.

From 2007 half the committee positions will be open for nominations with the other half remaining for another year to ensure continuity. These remaining positions will be open for nominations in 2008.

The selection process initially involves the selection of a new chair. This process has already been undertaken and James McVeigh was selected as the chair elect and will replace Carolyn Astley in 2007. An email or letter will be sent out to Affiliate nurses in January 2007 outlining the types of nurse required and from which regions for the positions open for nominations. Nominations and accompanying CV (specific CV format that will be posted on the Affiliates' website) will then be accepted over the next 5 months from the date of the sent e-mail or letter. The actual selection process will be undertaken by the present committee to ensure that a wide breadth of representation is maintained on the committee. The remaining committee positions will be up for nomination in 2008.

CNWP MEMBERS CNWP MEMBERS CNWP MEMBERS

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Name	State	CNWP Role	Contact
Carolyn Astley	SA	CSANZ Rep	carolyn.astley@fmc.sa.gov.au
Marcia George	Vic	Secretary CNWG CCU	marcia.george@austin.org.au
Cindy Hall	Q'ld	Clinical Research Newsletter Editor	cindy_hall@health.qld.gov.au
Sonja Cleary	Q'ld	Rural/Regional	s.cleary@cqu.edu.au
James McVeigh	NSW	Nurse Practitioners	mcveighj@sesahs.nsw.gov.au
Karen Owen	NSW	Education	karen.owen@swhs.nsw.gov.au
Trish Davidson	NSW	Heart Failure/Transplant	patricia.davidson@wsahs.nsw.gov.au
Stewart Eadie	NZ	NHF	stewarte@nhf.org.nz
Lynne Belz	NZ	CCU	lynneb@adhb.govt.nz
Linda Worrall-Carter	Vic	Academia	lindawc@deakin.edu.au
Debbie Wilson	WA	Interventional Cardiology	deborah.wilson@health.wa.gov.au
Maria Sheehan	WA	Cardiac Rehabilitation	maria.sheehan@health.wa.gov.au
Yvonna Zuydam		Cardio-Thoracic	carolyn.astley@fmc.sa.gov.au
Helene Sirvas-Brown	WA	Private Hospitals	helenesb@yahoo.com
Vicki Wade	NSW	Indigenous Health	VWADE@doh.health.nsw.gov.au



ECG QUESTION by Karen Owen & Linda Worrall-Carter



This ECG belongs to a 26 year old male who has a history of having a brother who died at age 24 of sudden death.

In view of this family history this patient was referred to a cardiologist for assessment.

Please review his ECG in particular noting the rate, rhythm and axis.

What could be the problem here?

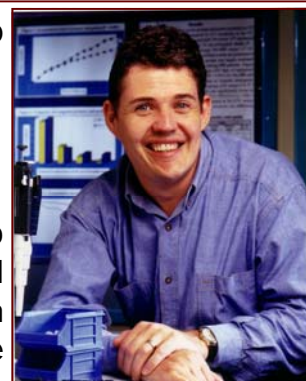
The answer will be posted on the website (<http://www.csanz.edu.au/> in the Affiliates' section) after 1st July 2006 and will also be available in the next newsletter.

Inaugural Nursing Lectureship Professor Simon Stewart

In 2006 the Cardiac Nurses Working Group Executive is pleased to announce the

Inaugural Nursing Lectureship.

This Lectureship is to acknowledge a nurse who has made a stellar contribution to the science and scholarship of cardiovascular nursing and is an important step in nurses taking a significant place within the full scientific community of the Cardiac Society of Australia and New Zealand. It is appropriate that such a pioneering step for cardiovascular nursing be presented by Professor Simon Stewart.



In June 2002 Professor Simon Stewart was appointed to the National Heart Foundation of Australia Chair of Cardiovascular Nursing. This Chair of Cardiovascular Nursing is supported by both the National Heart Foundation of Australia and Roche Australia. This is the first appointment of its kind on an international basis. The Chair is designed to provide academic leadership and deliver state-of-the-art research in the area of cardiovascular nursing at both a local and national level.

We are *honoured and privileged* that Professor Stewart has accepted the invitation to perform this inaugural address. Professor Stewart will discuss

Talking to our Patients Again:

Back to the Future for Cardiovascular Nurses

Members of Cardiovascular Nurses Working Group Executive extend to all nurse attending the CSANZ in Canberra an invitation to attend and support this inaugural nurses lectureship. This presentation by Professor Stewart will be the first by many influential and notable nurses from both in Australia and New Zealand, as well as international who will be invited to speak.

